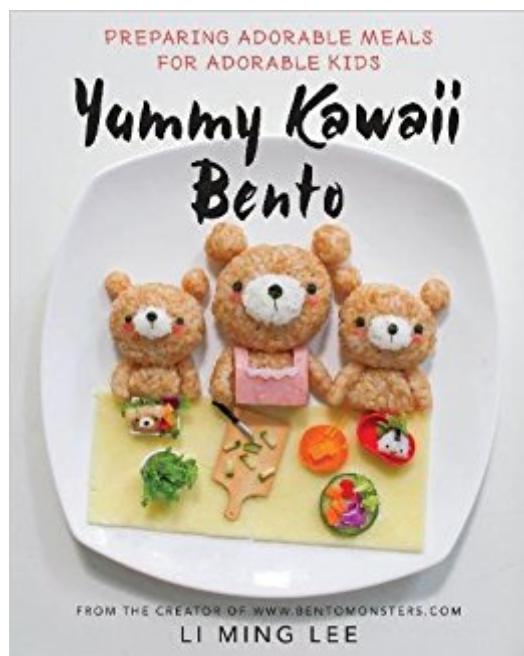


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# Yummy Kawaii Bento: Preparing Adorable Meals For Adorable Kids



## Synopsis

The lunchbox reinvented: transform the boring routine of your children's packed lunches into cute, edible cartoon characters! Packing school lunches for fussy children can be a chore. Parents are bored of making the same old soggy sandwiches every day, and your picky eaters don't even show any appreciation when they return their lunchboxes with uneaten veggies and scrappy bits. What if you could entice your children to eat balanced lunches every day? Even better: how do you transform the routine of unoriginal packed lunches into a joy for yourself? Inspired by the Japanese tradition of the bento box—a home-packed meal served in a box with compartments containing different foods; Yummy Kawaii Bento reinvents the concept of the stale packed lunch. Learn to make your very own creative bento boxes and turn the law of "don't play with your food" on its head by reimagining dishes as colorful cartoon characters. Entice your children with: • Teddy bear-shaped mini pizzas; • Hot dog buns; • Scrambled egg chicks; • Porky pastas; • Panda bamboo salads; and many more edible critters! With more than 160 step-by-step tutorials on how to assemble balanced bento boxes, create food art, and cook individual recipes that bridge the East and the West, Yummy Kawaii Bento turns food preparation into an art and makes eating fun again for both parent and child. Soon, your children will boast to their friends about their lunches, and your spouse might even ask for his or her own takeaway lunch! Lunchtime, or dinnertime, will never be the same again.

Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

## Book Information

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## Customer Reviews

"Gorgeous boxed lunches...Each of her elaborate creations is filled with both nutrients and whimsy."

Huffington Post "A true lunchtime artist...a food styling assassin." New York Post

"Turn[s] her sons' dull packed lunches into staggering works of art." Daily Express

Li Ming Lee is a stay-at-home mom who first began making character bentos when her sons started school and had problems adjusting to their mother's absence. She started documenting her bento adventures on Bentomonsters.com in 2011, and has since created nearly 1,000 different bentos. Her character bentos have been featured on New York Post and The Huffington Post, and her Instagram, [instagram.com/bentomonsters](https://www.instagram.com/bentomonsters), has received 88,000 followers. She lives in Singapore, Singapore.

After going through the different types of bento books on this one is mainly good for rice type bentos but also include other ideas as well. Lots of pictures which is great because I'm more of a visual person. Tons of step by step guides. After going through many different bento books, this is a must have, beautiful display of step by step visual pictures and very good information. At the beginning it gives you a guide on materials you can purchase and it also gives you a guide on how to achieve desired colors naturally without having to use food coloring. I also like the recipe for the egg sheets, comes in very handy for little details like blankets and clothing for the rice bears.

So many cute ways to get your kids to eat their food while having fun! I've already made my little girl panda sandwiches and homemade animal tortilla chips, she loves them so much! P.S This book is HUGE. It reminded me of a Skyrim Strategy Guide! So definitely worth the money =)

Very detailed instruction, lots of pictures, hundreds of recipes, all are very cute! If you want to start

making eye-crabbing bentos for you kids, this is the book to buy!

Beautiful, hardcover book with easy to follow instructions, great photos, recipes and lots of sources to find supplies. This is a perfect first bento book for me. I'm glad I chose this one.

Even without the adorable ideas the food is still fantastic. You will get many cute recipes, tips, and a comprehensive guide which will allow those who are new to bento the chance to pick it up easily.

Neat book! It has many useful recipes and practical ideas.

I'm not sure I'll ever actually make any of the adorable designs, but I'd buy it again just for the recipes in the back...Asian recipes like Sesame chicken, orange chicken, sauces, etc. Why bother to order out? This book is adorable. This one is heads and shoulders better than most I've seen.

Way more recipes than I expected. Lots of pictures. Must buy for any bento lover or anyone curious about it.

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